



About Beth Sperber Richie, Ph.D.

Beth Sperber Richie, Ph.D. is a licensed psychologist and coach in private practice in the Washington, D.C. area. Dr. Richie coaches individual clients to achieve the optimum integration of their career development and life goals, while attempting to maintain that integration in the many roles which make up her own life. Her favorite roles include being the mother of 3 children, wife of a wonderful man who makes his own contribution to her mosaic life, and daughter and sister to her family of origin and in-laws. Her part-time private practice allows her the flexibility to make a contribution with her paid work, volunteer, and still meet the kids at the bus stop every afternoon.

Dr. Richie has a Bachelor's degree in Human Biology from Brown University, and completed both her Master's and Doctorate in Counseling Psychology at the University of Maryland at College Park.

She is actively involved in volunteer work in her community, particularly through her synagogue and in the local Public schools and pre-school where her children attend. In addition, she and her family volunteer regularly at a food distribution center. Over the years, they have provided dinners at a homeless shelter, helped the neighborhood soccer league, coordinated neighborhood donations for Hurricane Katrina survivors, helped rehabilitate homes for needy individuals through Sukkot in April, and raised funds for cancer research.

Dr. Richie has given workshops and presentations on "Creating a Mosaic Life" to organizations and women's groups around the D.C. and Boston areas. She has presented at national conferences including the American Psychological Association, Association for Women in Psychology, Amputee Coalition of America, and the International Society for Traumatic Stress Studies. In addition, Dr. Richie has taught both undergraduates and graduates at the University of Maryland, College Park, and guest lectured at Johns Hopkins, American University, and Towson State University. She also co-authored a chapter on gender issues for a book on multi-cultural counseling competencies. Dr. Richie was honored by an award from the American Psychological Association for her research on the career development of highly achieving women.

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